

## RTR PUBLIC SCHOOLS NOVEMBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Chicken Taco (ES) Chicken Fajita (MS/HS) Corn & Fruit	2. <u>Breakfast</u> Pancake, Sausage, & Fruit <u>Lunch</u> Meatballs with Red Sauce Garlic Bread Green Beans & Fruit	3. <u>Breakfast</u> French Toast & Fruit <u>Lunch</u> Sloppy Joe Baked Beans Fruit	4. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Cheese or Sausage Pizza Vegetable Fruit
7. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Spaghetti Breadsticks Green Beans & Fruit	8. <u>Breakfast</u> Breakfast Sandwich & Fruit <u>Lunch</u> Taco Refried Beans Spanish Rice & Fruit	9. <u>Breakfast</u> Breakfast Cookie, Yogurt, & Fruit <u>Lunch</u> Hamburger Glazed Carrots Fruit	10. <u>Breakfast</u> Waffles, Sausage, & Fruit <u>Lunch</u> Chicken Nuggets (ES) Chicken Strips (MS/HS) Corn & Fruit	11. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Garlic Cheese Bread Marinara Sauce Vegetable & Fruit
14. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Chicken Bacon Sandwich Glazed Carrots Fruit	15. <u>Breakfast</u> Ham & Cheese Bake & Fruit <u>Lunch</u> Walking Taco Corn Spanish Rice & Fruit	16. <u>Breakfast</u> Pancakes, Sausage, & Fruit <u>Lunch</u> Chicken Alfredo Bread Stick Broccoli & Fruit	17. <u>Breakfast</u> Banana Bread, Yogurt, & Fruit <u>Lunch</u> Hamburger Gravy Mashed Potatoes & Bread Green Beans & Fruit	18. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Corn Dogs Vegetable Fruit
21. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Rib Sandwich Baked Beans & Fruit	22. <u>Breakfast</u> Donuts, Yogurt, & Fruit <u>Lunch</u> Turkey Gravy & Mashed Potatoes Bread & Fruit	23. <b>No School</b>	24. <b>No School</b>	25. <b>No School</b>
28. <u>Breakfast</u> Cereal, Yogurt, & Fruit <u>Lunch</u> Turkey Sub Peas Fruit	29. <u>Breakfast</u> French Toast & Fruit <u>Lunch</u> Chicken Taco (ES) Chicken Fajita (MS/HS) Corn & Fruit	30. <u>Breakfast</u> Cinnamon Roll, Yogurt, & Fruit <u>Lunch</u> Lasagna Roll Ups Garlic Toast Green Beans & Fruit	<ul style="list-style-type: none"> <li>● All meals are subject to change without notice.</li> <li>● Equal Opportunity Employer</li> </ul>	<ul style="list-style-type: none"> <li>● Milk is offered with every meal.</li> <li>● Juice is offered with breakfast.</li> </ul>