

# Family Fitness Night



Ages Birth-5<sup>th</sup> grade & family  
Tuesday, March 9, 2010  
RTR Elementary  
6:00 – 7:30 p.m.

GAMES



ACTIVITIES

FUN

Activities  
for the Whole Family

A Healthy  
Snack will be  
Provided

Being Fit  
Eating Right  
Making Healthy Choices